



The Winter JOLT Entry Form

8am, Friday 21 August 2009, Mission Bay



First Name:		Surname:	
Title: Miss / Ms / Mrs / Mr			
Work title:			
Organisation:			
Date of birth: __/__/____		Gender : M / F / Other	
Landline No:		Mobile No:	
Email address:			
Emergency contact 1:	Name:		
	Email:		
	Relationship:		
Emergency contact 2:	Name:		
	Email:		
	Relationship:		
Address: No. and Street			
Suburb:		City or town:	Post code:
Dipping ability:	Experienced / Moderate / Negligible / Non-existent		
"Save the Suit": Yes <input type="checkbox"/> No <input type="checkbox"/>			
Waiver	I have read the safety information, will abide by the rules, and am participating at my own risk. Agree <input type="checkbox"/> Disagree <input type="checkbox"/>		
Signed:			
Date:			
Please complete and return by 18 August to: The Winter JOLT Foundation for Youth Development (FYD) PO Box 305 474 Triton Plaza North Shore 0757			
For more information please contact Jocelyn at FYD on 09 477 6255 or jocelyn.somerford@fyd.org.nz			

Event format

Location: Mission Bay, Friday 21 August 2009 7.30am – 8.00am Registration and safety briefing

8.00am – 8.15am The Winter JOLT

8.15am – 9.00am Free hot soup, spot prizes and book signing (latter if weather allows)

Don't forget to bring a towel, blanket and something warm to change into!

Safety Information & Event Rules

Safety guidelines

- Dippers enter at their own risk and are responsible for their own physical condition
- Warning is given to all entrants of possible risks include drowning, hypothermia, being hit by a boat, object or person, shark attack or marine stinger
- It is important to note that, while every effort will be made to ensure a safe and fun event, organisers are unable to guarantee your safety
- All registered dippers must be present at their relevant compulsory briefing on the day
- Three lifeguards will be in attendance for the duration of the event and will act as safety crew on the water
- Medical - St John will be in attendance
- While in the water, all dippers must comply with the directions of lifeguards and/or the LifeSaving Club
- In the event of difficulty in the water, stop and raise your hand to identify yourself to a lifeguard. If this is not possible, simply roll onto your back to float in a relaxed position
- In the event of an injury/accident during the dip, please report this to one of the safety crew on the water or on land as soon as possible
- If you decide to pull out for any reason, please alert an event official
- Please give assistance to fellow competitors in need of help

Event rules

1. This is a FUN event!
2. You are responsible for your own safety and enter at your own risk
3. You MUST obey the instructions of the lifeguards. They have the right to stop any dipper from entering or completing the event in the interests of safety of all competitors and event staff
4. Participants must be present at the dip briefing
5. Participants must take their dip within the designated area
6. Any participant that appears incapable of completing the dip at any stage may be withdrawn by the organisers, either prior to or during the event

Terms and Conditions and Waiver

1. I agree to follow the directions of all Event Officials
2. By participating, I accept all risks necessarily flowing from my participation which could result in loss of life or permanent injury. Accordingly, I release all persons, Trusts or corporations associated directly or indirectly with the conduct of the event from all claims, demands and proceedings arising out of my participation and I hereby indemnify them against all liability (including liability for their negligence and/or recklessness and the negligence and/or recklessness of others) for all injury, loss or damage arising out of or connected with my participation in this event. This release shall extend to and include Foundation for Youth Development and Improv Warriors and their respective directors, partners, managers, officers, agents, contractors, employees and volunteers, including medical and paramedical personnel appointed for the event, the owners, licensees and occupiers of land upon which the event or any part of it is conducted, any statutory body or local authority having control over any land upon which the event or any part of it is conducted or which is involved directly or indirectly with the event in any manner whatsoever and promoters, sponsors and event organisers. This release and indemnity continues forever and binds my heirs, executors, personal representatives and assigns
3. I consent to receiving any medical treatment that the event organisers think desirable during or after the event
4. I acknowledge that safety precautions undertaken by organisers (such as supervision and safety briefing) are a service to me and other competitors but are not a guarantee of safety. I accept that I have an important responsibility to carefully read and listen to all safety briefings and to immediately seek clarification on anything which is not entirely clear to me
5. I consent to the event organisers using my name, image and likeness before, during or after the event for event promotional broadcasting or reporting purposes in any media
6. I understand that I am fully responsible for the security of my personal possessions at the event.
7. I accept my registration is not transferable to other people and is non-refundable. If the event is cancelled, the funds I have raised are also non-refundable
8. I agree to my name and contact details being included on the event database. These may be used for promotional purposes by event stakeholders. I may unsubscribe from this at any time
9. I agree to abide by all event rules and directions issued by the event organiser
10. I acknowledge that by reason of circumstances beyond the control of the event directors, it may become necessary or desirable to change the format of the event and, if that occurs, I consent to the changes and I agree that each and every one of the conditions herein set out shall apply to that changed event
11. If the event is cancelled due to poor weather, rough seas or any other condition beyond the control of the organisers, I understand that funds raised will not be refunded
12. I hereby certify that I am 18 years of age or older

What is the Foundation for Youth Development?



The Foundation for Youth Development (FYD) is a not-for-profit organisation founded by Graeme Dingle and Jo-anne Wilkinson and is a leader in the field of youth development in New Zealand. FYD provides young people from age 5 - 18 with the opportunity to build self-confidence and learn valuable life skills by participating in unique development programmes.

The Foundation's programmes (Kiwi Can, Stars and Project K) cater for students from the start of primary school right through to the end of high school. The longevity and continuity of the programmes is the key to their success. Programmes are designed to allow young people to build in confidence and ability as they move from one programme to another. By investing in our youth, we strengthen New Zealand communities. Internal and external evaluation of the programmes shows that students strengthen their positive values, develop a motivating belief in their abilities and have improved academic results.

In 2009 FYD has also introduced youth offender programmes to its portfolio, helping young people that have gone down a negative path to make a positive change.

Over 20 independent regional trusts offer Foundation for Youth Development programmes throughout New Zealand, helping over 18, 000 young people across the country every year.

For more information please visit: www.fyd.org.nz or call us on 09 477 6237

What is the JOLT Challenge?

JOLT Challenge is both a book and training program on Self Intelligence that takes a holistic approach of developing people's physical, mental, and emotional wellbeing - so they can lead fulfilling and purposeful lives. Created by Mind Warriors, the book and program are receiving rave reviews from leading management thinkers, business leaders, academia and sport stars.



"An amazing book - so comprehensive, relevant, quotable, practical, doable and inspirational."

Dr. Stephen R. Covey

*Author of *The 7 Habits of Highly Effective People* and *The 8th Habit: From Effectiveness to Greatness**

"JOLT Challenge, the great new big little book. This is an inspiring book to improve your mental clarity and emotional and spiritual well being."

Dame Susan Devoy

"JOLT Challenge is a substantial catch from a vast sea of self-help programmes, setting participants on a path to improved health, wealth and relationships."

Mind Food Magazine

JOLT Challenge leads you to take action and create positive change in all areas of your life. Visit www.joltchallenge.com for more information.